

Recommended Guidelines

The American Cancer Society and the Susan G. Koman Breast Cancer Foundation recommend:

- Annual screening mammography for women beginning at age 40
- If you are under age 40 and have a family history of breast cancer or other concerns about your risk, talk with your doctor about when to begin mammography
- Have a clinical breast examination at least every three years beginning at age 20 and every year after 40
- Beginning at age 20, perform monthly breast self-examinations
- Become familiar with the normal look and feel of your breasts. If ANY change occurs, report it to your doctor



A Full Range Of Services

- Digital mammography
- Diagnostic ultrasound
- Bone density testing
- Genetic testing
- Stereotactic-guided breast biopsy
- Medical, surgical and radiation oncology
- Breast reconstruction
- Support groups
- Prosthetics
- Accredited by the American College of Radiology and FDA approved
- Reserved 'pink' parking for our patients

Visit NormanRegional.com/Pink for more info.

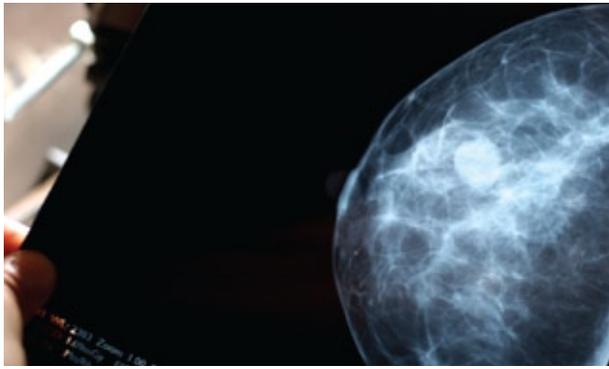


Breast Care Center

405.307.2290
Norman Regional Hospital
901 N. Porter Avenue, Norman, OK 73071



Norman Regional
HEALTH SYSTEM



The Latest In Technology, Comfort & Convenience

Norman Regional Hospital's Breast Care Center offers technologically advanced mammography and equipment including:

- Screening and diagnostic digital mammography
- Breast ultrasound
- Ultrasound and stereotactic biopsy

MRI (magnetic resonance imaging) and other technological advances are helping make breast diagnostic evaluation more precise than ever. Now, our specialized radiologists are able to examine breast tissue with more accuracy than traditional mammography alone.



A Guiding Light For Your Path

Knowing that your well-being and peace of mind are as important as your treatment, our Breast Care Center provides a dedicated Nurse Navigator who serves as an invaluable resource for you if needed. If you should have a positive finding, the Nurse Navigator will direct you to information regarding diagnosis, treatment and recovery.

In addition, the Nurse Navigator is a liaison among you, your physicians and your family. She will coordinate your appointment with medical team members and help you make informed decisions about your care, serving as your educator, advocate and guide.



Detection Is In Your Hands

Every woman is at risk for breast cancer. Since personal risk factors can't predict with certainty whether or not you'll develop breast cancer, screening provides valuable information to help you and your doctor individualize your care.

A mammogram is the single most effective method of early detection to identify cancer in its most treatable stages. For women 40 and older, mammograms should be part of a yearly physical routine. Monthly breast self-examinations and an annual breast physical examination by your physician are also important for good breast health.

To Schedule an Appointment, Call



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