



Postpartum Care

Mom Suggestions

- Shower
- Ice Packs
- Sitz Bath
- Tucks/Dermaplast
- Abdominal Binder
- Visitors OK
- No Visitors
- Low Lights
- Walk in Hallway
- Wear My Own Clothes

Baby Suggestions

- Human milk only, recommended when possible. Human milk may be given through breastfeeding or pumping and feeding by bottle.
- Mix of Human Milk and Formula Feeding
- Formula only
- Assistance from Lactation
- Delayed Bath until _____ Hours
- No Bath
- Circumcision desired before discharge
- Skin to Skin
- Lotion
- Parents Assist with Bath
- Bath in Room
- Bath in Nursery
- 24 Hour Testing in Room
- 24 Hour Testing in Nursery/Procedure Room
- Use Own Swaddle/Clothes

Other _____

