Meet Our Physicians

Tay Sha Howell, MD is the only Undersea and Hyperbaric Medicine (UHMS) board certified physician in Oklahoma and uses the advance hyperbaric technology for treatment of non-healing wounds. She is also board certified in Emergency Medicine. Dr. Howell graduated from medical school at the University of Oklahoma College of Medicine and completed her residency at the University of Oklahoma Health Sciences Center. Dr. Howell is the Medical Director of the Norman Hyperbaric and Wound Care Center.

Gerry Holland, DO is board certified in Family Medicine. She graduated from medical school at Oklahoma State University in Tulsa. She completed her residency at Scott and White Hospital at Texas A&M University. She practices Wound Care & HBO Medicine in our Norman Clinic and the surrounding metro area.

Cindy Rogers, MD is board certified in Preventive Medicine. She graduated from medical school and completed her residency at the University of Oklahoma Health Sciences Center. Dr. Rogers practices Wound Care & Hyperbaric Medicine in both the Norman and Enid Wound Care Centers.

Schedule an Appointment

Conveniently Located at:
HealthPlex Professional Building
3400 W. Tecumseh Rd., Suite 105
Norman, OK 73072

Phone: 405.307.6955
Fax: 405.307.6957

For more information visit
NormanRegional.com
NOW A COMPREHENSIVE HYPERBARIC AND WOUND CARE CENTER

Hours of Operation:
Monday – Friday: 8:00 am - 4:30 pm

Conveniently Located at:
HealthPlex Professional Building
3400 W. Tecumseh Rd., Suite 105
Norman, OK 73072

- Wound assessment / comprehensive treatments
- Patient and family education
- Hyperbaric Oxygen Therapy (HBOT)
- Transcutaneous Oxygen Pressure Measurements (TCPO2) Measurements (TCOM)
- Ankle Brachial Index (ABI)
- Vascular Evaluations
- Debridement
- Partnerships with Primary and Referring Physicians

PATIENTS WHO WOULD BENEFIT FROM OUR SERVICES:

Those with:
- Ulcers of unknown etiology
- Pressure ulcers
- Diabetic lower extremity wounds
- Arterial insufficiency ulcers
- Non-healing surgical wounds
- Crush injury or traumatic wounds
- Abscess wounds that have not responded to I & D and antibiotics
- Recent hospital discharge with any type of wound
- Venous stasis ulcers
- Vascular ulcers
- Radiocnecrosis wounds
- Chronic osteomyelitis
- Burns
- Skin grafts and flaps

HYPERBARIC OXYGEN THERAPY IS AVAILABLE AT NORMAN HYPERBARIC AND WOUND CARE CENTER.

What is Hyperbaric Oxygen Therapy?
- Treatment involves the patient breathing in 100% oxygen in a pressurized chamber. The increased oxygen in the bloodstream delivers high concentrations of oxygen to the wound which aids healing by stimulating angiogenesis, correcting ischemia, and antibacterial effects.

What’s it like for the patient?
- Patients will be prescribed a course of treatments by the hyperbaric physician. This is usually 20 – 40 treatments ( or longer depending on the diagnosis ) of 90 to 120 minutes each treatment at 2.0 ATA
- Patients lie in an enclosed chamber and can watch television or movies, communicate with the Hyperbaric staff, drink water, or nap during the treatment. It is not painful and actually quite relaxing.

Approved Indications
- Enhanced healing for selected problem wounds
- Crush injuries
- Necrotizing soft tissue infections
- Osteomyelitis
- Radiation tissue damage
- Skin grafts and muscle flaps
- Diabetic wounds of the lower extremity
- Acute traumatic injury

These are approved by the Centers for Medicare and Medicaid Services (CMS) and Underwater Hyperbaric Medical Society (UHMS).