



Wednesday, Jan. 12

Cleveland County's current risk level (as well as most of the state's counties) is: Moderate

The Oklahoma State Department of Health has developed the Oklahoma COVID-19 Risk Level System; a four-tiered risk measurement tool with corresponding color categories that identify the current COVID-19 risk level. This tool offers the public and local elected officials an easy way to recognize each county's risk level. Find specific guidelines for each color-coded risk level and see county-specific risk levels here.

Healer COVID Testing Protocol

Please use the following guidelines if you are experiencing COVID-like symptoms.

- Self-schedule via this link: https://www.clockwisemd.com/groups/692
- If you have difficulty scheduling via the link, please call the COVID Hotline number 405-515-4328. Add this number to your phone!

PLEASE DO NOT go to the Emergency Room for COVID testing.

- Healers who test positive for COVID-19, Influenza or both must contact Employee Health at 405-307-1773.
- · Healers who have tested positive cannot come back to work until cleared by Employee Health.
- Healers who test positive for the virus can return to work at five days, if asymptomatic or mild, improving symptoms, with or without a
 negative test.
- Test results are available via the hospital portal. Be sure to know your user name and password for access.
- If test results are negative, treat as you would any other illness, which means you must be:
 - Without a fever for 24 hours without using fever-reducing medications AND
 - Have improvement in symptoms.

CURRENT TESTING LOCATIONS

East Rich Street	7am-7pm Monday-Saturday, 10am-2pm Sunday
Moore	7am-7pm Monday-Friday
West Norman	8am-5pm Monday-Friday

COVID-19 EID Team Update NORMAN REGIONAL Health System Wednesday, Jan. 12

COVID Guidelines

With the rise in COVID cases, hospitalizations and breakthrough cases driven by the Omicron variant, EID team wants to remind all healers it is especially important to adhere to NRHS masking guidelines, social distancing and utilizing virtual meeting for meetings and conferences.

N-95 Masks Available

NRHS has a large supply of 8210 N-95s. These are available for non-patient facing healers. As such, FIT testing is not required. These N-95s are not considered for use as a respirator.

Details on how your department can order the N-95s:

- The MT # is 048285.
- If your department plans to order it routinely going forward, email your buyer;
- Request MT 048285 be added to the department Meditech Reoccurring Requisition Template(s) and provide the cost center(s).
- N-95s come in a box of 20 or a case of 160

COVID Exposure

Healers have been asking what is considered to be an exposure to COVID. The criteria states:

COVID-19 exposure occurs when you are within six-feet of someone (who is showing COVID-19 symptoms) for at least 15 minutes without any personal protective equipment.