



April 15, 2021

75 Years of Lifesaving Care

There are several activities, events and promotions planned to look back at Norman Regional's 75-year legacy. Healers can order a T-shirt celebrating our 75-year celebration. This shirt can be worn every Friday in 2021 and it only costs \$7.50! [Click here](#) to order.

Other events include:

June 4: Norman Regional Health Foundation's Ambassador Ball at the Embassy Suites Hotel & Conference Center in Norman. Please contact the Foundation for details.

June 7: Norman Regional Health System's 75th Anniversary Celebration at Norman Regional Hospital, 901 N. Porter Ave. Join as we look back on our legacy of lifesaving care.

The Spring Pulse is now live!

[Click here](#) to read the Spring issue of the Pulse which includes stories on:

- Perinatal Certification by the Joint Commission
- Nuclear Medicine Accreditation
- Women's Choice Awards
- New Providers

If there is anything you'd like to see in the next Pulse set to publish in July, please send news tips to mhigh@nrh-ok.com.

Use Cling Paper, NOT Tape

Do NOT use tape to affix posters, flyers, signs and other material to surfaces at Norman Regional Health System. This is an infection prevention issue and as NRHS is in the window to be visited by Joint Commission surveyors, it is crucial that tape be removed.

Instead of tape, please use the cling paper that is available at the Print Shop. It comes in sizes

In-Person Healer Forums Scheduled

I'm happy to announce the return of in-person healer forums! I look forward to seeing you once again. Please continue to wear a mask while at the forums. We've added more room so that you can maintain distance from each other.

Please mark your calendars.

10 a.m. to 11 a.m. **Wed. April 28** HealthPlex Innovation Studio

7 p.m. to 8 p.m. **Wed. April 28** HealthPlex Innovation Studio

8 a.m. to 9 a.m. **Thurs. April 29** Porter Education Center Auditorium, South Lobby and West Lobby

2 p.m. to 3 p.m. **Tues. May 4** Moore Conference Center

7 p.m. to 8 p.m. **Wed. May 5** Porter Education Center Auditorium, South Lobby and West Lobby

The Norman Way: Healer Reunites Man with Lost Money

A card containing several hundred dollars was recently found blowing in the wind in the main lot of the Norman Regional HealthPlex. Norman Regional Security Officer, Todd Droscher, found the card as he was patrolling the lot clearing trash and making the area look more presentable to patients and visitors.

"Normally people patrol the lot on something motorized, but Droscher walks the lot," said Shane Cohea, director of Safety and Security at Norman Regional. "He walks the lot so he can be more thorough and see things that you wouldn't see from a vehicle."

Droscher used every resource available to the security department to figure out who the card belonged to, scanning through video footage, employee listings and other databases, but had no luck. The only information he had was what he could read in the card. It was a card from someone named Richard thanking Harriet for her tribute to his late wife, Annette's, service.

By a stroke of luck, Droscher brought the story up to his son's mother-in-law, who happened to know a Richard who was married to an Annette who had recently passed. This gave Droscher a strong lead on who the card may have belonged to and it turned out to be the rightful owner.



up to 12 inches by 18 inches. Please ask your manager to contact the print shop about printing files on cling paper by emailing the Print Shop at jkinslow@nrh-ok.com.

Thank you for keeping those inside our building safe and our facilities clean.

Internal signs are for healer communication. Signs for any patient facing communication should still go through the sign committee for approval and design.

Cut the Sweets Sugar Challenge

The Wellness Team is hosting another challenge for April 2021! Added sugar is in a ton of foods. Not just goodies like cookies, but in everything from pasta to salad dressing. Aside from increasing your risk of cavities, too much sugar can lead to issues like diabetes and heart disease.

This challenge encourages us to kick sugar to the curb for a month to see how we feel. To learn more [click here](#).

OKC Memorial Marathon Registration

The 2021 Memorial Marathon will be the weekend of October 2-3. Norman Regional has sponsored healer participation for this event since 2006. This year we are going to open it up to healers and one household member, 18+ years or older.

[Click here](#) to learn how to register. For additional questions please contact Amber Browning, abrowning@nrh-ok.com or call 307-3178.

One-on-One Prudential Consultations

You can connect with a Prudential Retirement Counselor to discuss your accounts, progress and goals.

Get answers to questions you may have about saving for your future or assistance with enrolling for retirement savings from your paychecks.

Join from wherever you are. A private, secure online meeting space awaits!

Click [HERE](#) to schedule an appointment.

On top of this coincidence, Annette was in the care of Norman Regional before her passing.

“My wife, Annette, spent her last days at the HealthPlex in 2019 and the care and love she received from the ICU staff was a blessing for her and our family. I’m happy to know that dedication towards the families that visit the hospital is just as prevalent in the security department,” Richard wrote in the letter.

Mike Nabors, manager of Norman Regional’s Security Services, said, “It’s just the Norman Way.”

Droscher explained how it’s his “mom’s way,” a reference to the way he was raised to conduct himself. In both cases, it shows how the actions of one healer can lift up the entire organization in the visitor’s eyes.

Healer Liz Shumate Named 40 Under 40

Congratulations to NRHS healer Liz Shumate, licensed clinical social worker and manager of Outpatient Behavioral Health, on being named to Oklahoma Magazine’s 40 Under 40 list!



Shumate is the co-founder of Norman Regional’s Inclusion and Diversity Council. During the COVID pandemic, she worked to create a childcare option for healers at the Senior Counseling Center. Shumate also volunteers with the OU School of Social Work. Please join me in congratulating her! Click here to read about this award: <https://okmag.com/blog/40-under-40-2021/16/>

Norman Street Construction

Robinson Street Widening Project

Phase 1 of the roadway-widening project on Robinson Street between Interstate 35 and Brookhaven Creek has begun. During this phase of construction, the new south leg of the relocated Interstate Drive intersection will be constructed.

Drivers can expect the following changes for work on Phase 1:

- The southbound I-35 ramp from Robinson Street will be closed and traffic will be detoured to Main Street.
- The eastbound Robinson Street ramp from southbound I-35 (exit 110B) will be closed. The westbound Robinson Street ramp from southbound I-35 (exit 110A) will remain open.

These closures are anticipated to last through mid-June.

Porter Avenue Project

Healers can also help our patients and visitors by alerting them of the changes on Porter Avenue between Main Street and Johnson Street for ongoing work on the Porter Avenue and Acres Street Intersection 2019 Bond Project. The project is likely to be completed in late summer.

Porter Avenue has narrowed to one lane in each direction between Main Street and Johnson Street as traffic shifts into the southbound lanes. Left turns onto westbound Gray Street from northbound Porter Avenue have been removed.

Detour signage directs northbound traffic on Porter Avenue to access Gray Street west of Porter.

Be Well,

A handwritten signature in black ink that reads "Richie Splitt". The signature is written in a cursive, flowing style.

*President & Chief Executive Officer
Norman Regional Health System*