



April 23, 2021

10-Digit Dialing Starts April 24

Effective April 24, Central Oklahoma's 405 area code will need to make calls using the 10-digit telephone number (area code + the 7-digit telephone number). Calls that are now local will continue to be local, even with the 10-digit dialing requirement.

The Oklahoma Corporation Commission ordered an area code overlay for the 405 Area Code on Jan. 8, 2020. An overlay does not require customers to change their existing area code, but it does ensure a continuing supply of telephone numbers. The new 572 area code will be added and share the same region as the existing 405 area code.

Actions you need to take:

- Dial 10-digits (area code + 7-digit telephone number) for every local call. You can still dial the five digit extension for Porter, HealthPlex, Moore, and all NRHS clinics. This applies to patients in our hospitals trying to dial out as well, so please help them these first weeks of the change.
- Check websites, business stationery, advertising materials, and contact information to ensure the area code is included.

Please [click here](#) for additional info.

75 Years of Lifesaving Care

There are several activities, events and promotions planned to look back at Norman Regional's 75-year legacy. Healers can order a T-shirt celebrating our 75-year celebration. This shirt can be worn every Friday in 2021 and it only costs \$7.50! **This is the LAST week to order a shirt. The deadline is Sunday, April 25, 2021.** [Click here](#) to order.

In-Person Healer Forums Scheduled

I'm happy to announce the return of in-person healer forums! At the forums there will be several important updates with a focus on Inspire Health. I look forward to seeing you once again. Please continue to wear a mask while at the forums. We've added more room so that you can maintain distance from each other.

Please mark your calendars.

10 a.m. to 11 a.m. **Wed. April 28** HealthPlex Innovation Studio

7 p.m. to 8 p.m. **Wed. April 28** HealthPlex Innovation Studio

8 a.m. to 9 a.m. **Thurs. April 29** Porter Education Center Auditorium, South Lobby and West Lobby

2 p.m. to 3 p.m. **Tues. May 4** Moore Conference Center

7 p.m. to 8 p.m. **Wed. May 5** Porter Education Center Auditorium, South Lobby and West Lobby

Celebrating Volunteer Appreciation Week April 18-24



Volunteer Appreciation Week is a time to recognize the selfless, dedicated volunteers who choose to spend their time serving the patients, visitors and healers of Norman Regional Health System. Even through the pandemic, volunteers have spent countless hours assisting patients and visitors, screening at entries, keeping retail areas open, assembling packets and boxes, helping with projects and more. They are a daily example of The Norman Way through their passion, motivation and service. Please take a moment to thank a volunteer today!

Other events include:

June 4: Norman Regional Health Foundation's Ambassador Ball at the Embassy Suites Hotel & Conference Center in Norman. Please contact the Foundation for details.

June 7: Norman Regional Health System's 75th Anniversary Celebration at Norman Regional Hospital, 901 N. Porter Ave. Join as we look back on our legacy of lifesaving care.

Use Cling Paper, NOT Tape

Do NOT use tape to affix posters, flyers, signs and other material to surfaces at Norman Regional Health System. This is an infection prevention issue and as NRHS is in the window to be visited by Joint Commission surveyors, it is crucial that tape be removed.

Instead of tape, please use the cling paper that is available at the Print Shop. It comes in sizes up to 12 inches by 18 inches. Please ask your manager to contact the print shop about printing files on cling paper by emailing the Print Shop at jkinslow@nrh-ok.com.

Thank you for keeping those inside our building safe and our facilities clean.

Internal signs are for healer communication. Signs for any patient facing communication should still go through the Sign Committee for approval and design.

One-on-One Prudential Consultations

You can connect with a Prudential Retirement Counselor to discuss your accounts, progress and goals.

Get answers to questions you may have about saving for your future or assistance with enrolling for retirement savings from your paychecks.

Join from wherever you are. A private, secure online meeting space awaits!

Click [HERE](#) to schedule an appointment.

Health Information Professionals Week

Health information professionals (HIP) are trusted by patients and providers alike to protect, interpret, and transmit the most sensitive data that exists about a person, while making sure it is available where and when it is needed. This year's theme emphasizes and reminds us that health information professionals keep health information human, and when health information stays human, it stays relevant.



Norman Regional Hospital System has several Health Information Management Professionals including Release of Information, Coding, Quality Analysts, Chart processing, Transcription, Physician Suspension, and Birth Certificate. Together we ensure the safety and quality of the patients medical record. Please tell one of our HIPs "thank you" for being a healer at Norman Regional.

Lab Week Celebrated April 18-24

Medical Laboratory Professionals Week, April 18-24, 2021, is an annual celebration of medical laboratory professionals and pathologists who play a vital role in health care and patient advocacy! This year's theme is "Avengers of the Laboratory." Please congratulate our lab healers during this week. #ASCLabWeek21



Immediate Need for Blood Donations



Oklahoma Blood Institute has an immediate need for blood donations. Hospital blood usage has surged, and blood donations are at their lowest since the start of the pandemic. This situation is made worse by declines in donations due to the COVID-19 pandemic. Many donors report confusion about if they can donate before or after being vaccinated for COVID-19. **Receiving a COVID-19 vaccine has no impact on your eligibility to donate blood.** If you've received your vaccine, you can still donate blood, without a waiting period. If you haven't received your vaccine, you can still donate blood.

Oklahoma Blood Institute provides every drop of blood for more than 90% of hospitals and medical facilities across the state including Norman Regional Health System.

Donors can give blood every 56 days and are encouraged to make regular donation appointments. Platelets can be donated as often as every 7 days, up to 24 times a year.

Please encourage your family and friends to schedule a donation now at obi.org or 877-340-8777. Also Norman Regional will host its blood drives on May 14 and May 26. More details will be announced soon.

Be Well,

A handwritten signature in black ink that reads "Richie Spitt". The signature is written in a cursive, flowing style.

*President & Chief Executive Officer
Norman Regional Health System*