

Norman Regional



With **Richie Splitt**
President & CEO

August 27, 2021

Moore War 5K Saturday

Norman Regional is a sponsor of the Moore War 5K! This race supports student initiatives at Moore and Westmoore High Schools in the Moore Public Schools District. Runners and walkers of all abilities are welcome. The race begins this Saturday, August 28 at 7:30 a.m. Organizers have given NRHS healers the special discount code of NRH. This code will take \$10 off an adult registration. You can register [online here](#).

If you're running, stop by our NRHS Finish Line booth and the Ortho Central trailer to say hi.

Foundation Grant Applications Due Sept. 30

Apply today for a department grant from the Norman Regional Health Foundation. Grant applications are due Thursday, Sept. 30. [Click here to access the grant request form](#).

Vaccine Information

If you are not yet vaccinated against COVID-19, please get the vaccine. If you receive the vaccine from an outside organization such as CVS or the

Support from City of Moore

I recently received a heartfelt letter from the City Manager of the City of Moore. The City of Moore and Norman Regional have supported one another through many challenges. I appreciate their reaching out to us as we navigate the pandemic.



City of Moore
Oklahoma

City Council | 301 N. Broadway, Moore, OK 73160 | (405) 793-5200 | www.cityofmoore.com

August 19, 2021

Richie Splitt
President/CEO
Norman Regional Health System
3300 HealthPlex Parkway
Norman, OK 73072

Dear Mr. Splitt,

During this time of continued public health concerns, please know the Moore City Council and City Administration stand with you and offer our support, as well as our appreciation. Your teams have witnessed unimaginable situations all while continuing to ensure the health and safety of patients, the community, and your workforce.

If there is anything the Moore City Council and/or management team can do to assist, we welcome the chance to do so. On behalf of the Moore City Council, we are grateful for your heroism and unwavering commitment to exceptional and compassionate care of our community, and we do not take that for granted.

With Gratitude,

A handwritten signature in black ink that reads "Brooks Mitchell".

Brooks Mitchell
City Manager

Health Department, please provide a copy of this to Employee Health by emailing, faxing or dropping it off at their office. This helps us ensure an accurate number of healers vaccinated.

[This flyer](#) has information on where you can get the vaccine. Norman Regional's Primary Care clinics offer the COVID vaccine to all established patients. If you don't have a healthcare provider, Norman Regional can match you with one in your area. We have clinics in Moore, south Oklahoma City, Norman, Newcastle, Blanchard, Noble and more. Call our referral line at 405-515-5000 to make an appointment today. You don't have to get the vaccine from Norman Regional Health System. There are several ways you can look for vaccination providers near you.

- Visit [Vaccines.gov](https://www.vaccines.gov) to find vaccination providers near you.
- Text your ZIP code to 438829 or call 1-800-232-0233 to find vaccine locations near you in the United States.

Helping Hands

Our acute care areas need your help. The health system is seeing an increase in patients. These patients are not only hospitalized for COVID, but also RSV, stroke, gastrointestinal bleeds, and other chronic health conditions.

Please consider signing up for the re-launched Helping Hands program. Norman Regional is offering all healers the opportunity to work extra shifts as PRN to assist with current needs. Both hourly and exempt employees are eligible to work these extra shifts and will be paid at the same rate of pay as

Don't Medical Distance, Keep Your Healthcare Appointments

Right now we are seeing patients who placed routine medical appointments on hold during the pandemic. Many of these patients delayed seeking much-needed care. I urge you to please not medically distance!

Norman Regional Chief Medical Officer and intensivist Dr. Aaron Boyd recently told *The Norman Transcript*, "People need to stay on their normal schedule of self-care. A lot of people are saying they're waiting now until it gets better. But, we don't know what the months of October and November will look like. I think people need to stay on their normal pattern and schedule of care."

Norman Regional also offers a Wellness Incentive Program, which rewards participants for taking care of their health. The program provides healers with a free lipid profile and HbA1c blood test. Then healers can take those test results to discuss with a healthcare provider during a wellness exam. By filling out a form with a signature from their provider, the healer earns \$50 extra on their paycheck! To learn more about this program and download the form, please [click here](#).

If you are looking for a physician or medical specialist, please call our community referral hotline at 405-515-5000 to be matched with a clinic or provider near you.

Welcome Drs. Petros and Polavarapu

Join me in welcoming two new gastroenterologists to the team at GI of Norman.

Vincent Petros, DO, is board certified in internal medicine. Dr. Petros has more than seven years of experience and attended medical school at the Lake Erie College of Osteopathic Medicine, completed his residency at the University of Texas Medical Branch and completed his fellowship at the University of Oklahoma Health Science Center. He served as chief resident at University of Texas and co-chief fellow at OU, as well as being

they currently make in their home department.

To sign up please click the link that best applies to you:

CLINICAL:

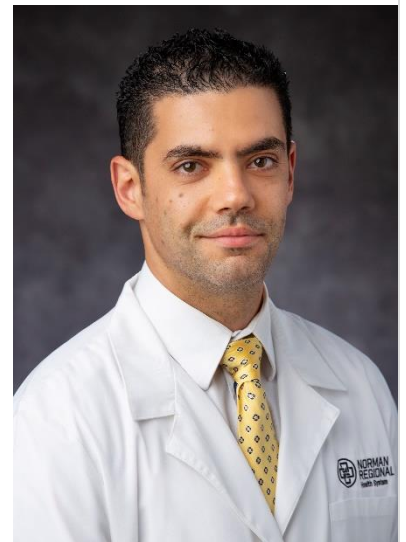
<https://www.signupgenius.com/go/clinicalhh>

NON-CLINICAL:

<https://www.signupgenius.com/go/nonclinicalhh>

selected outstanding overall resident at the University of Texas and outstanding overall Gastroenterology fellow the OU Health Science Center.

He said he went into gastroenterology because it gives him the opportunity to save and improve lives, especially with the growing number of colon cancer cases in younger and middle-aged adults. In his free time, Dr. Petros enjoys cheering on all the Chicago professional sports teams as well as Michigan State and OU.



Vincent Petros, DO

Abhishek Polavarapu, MD, attended medical school at the Guntur Medical College and completed his fellowship at Northwell Health Staten Island University Hospital. He said gastroenterology is his dream career because it offers him to practice a blend of hands-on procedures and art of medicine while helping people improve their health in the process. He said his patients can expect an empathetic individual who will listen thoroughly and address all patient concerns with clear communication, easy access and respect. In his free time, Dr. Polavarapu enjoys playing tennis, trying new things and acquiring new skills.



Abhishek Polavarapu, MD

Both physicians will see patients at both the East and West GI of Norman locations. To schedule an appointment, please call 405-515-2777.

Healer Forums

Please join me at one of the following healer forums. Due to limited seating, we ask that if you plan to attend in person to please sign up using the following link:

<https://www.signupgenius.com/go/healerforum2021>


Monday, August 30	7:30 p.m.	Porter	Auditorium, In-person
Tuesday, August 31	11 a.m.	Porter	Webex, Virtual
Wednesday, Sept. 1	7:30 p.m.	HPX	Innovation Studio, In-person

Thursday, Sept. 2 1 p.m. Moore Mascot Conference
Rooms, In-Person

Thursday, Sept. 2 3 p.m. HPX Webex, Virtual

We are finalizing the link to the virtual option for the forums, so please stay tuned for those details.

Be Well,

A handwritten signature in black ink that reads "Richie Splitt". The signature is written in a cursive, flowing style.

*President & Chief Executive Officer
Norman Regional Health System*