



Feb. 24, 2022

Healer Labor Pool

Thank you to Healers who have worked in the Labor Pool to support other departments. The Labor Pool was set up to quickly match healers with departments most in need of assistance. You are making a big difference during our time of great need. To sign up, please [click here](#).

Black History Month



Nurse practitioner Bianca Braxton talks about what Black History Month means to her in this video. Bianca is proud of the strength found in her African American heritage including the strong role models of her grandfather and mother. She also talks about how it is important to decrease health disparities and what it is like being a Black healthcare provider. Bianca practices at Primary Care – Noble.

Copy and paste this link into Google Chrome to watch the video.

New Healer Breakfasts, Retention

Our state is experiencing very low unemployment rates. That means organizations including ours are striving to recruit talent. At Norman Regional we are also focusing on retaining our healers.

One new initiative centered on retention is the New Healer Breakfast. Healers who joined the Norman Regional family on January 1, 2022 or after are invited to a free breakfast where they can meet members of the Executive Team, learn more about our mission, ask questions and connect with other new healers.

New healers must register for this event in HealthStream. The first breakfast events are scheduled for:

- **Wednesday, March 9** at the Porter Ed Center Auditorium at 7:30 a.m.
- **Friday, March 11** at the HealthPlex 8th Floor at 7:30 a.m.

I look forward to seeing and meeting new healers there.

HealthPlex Construction Viewing



<https://vimeo.com/user56160286>



Norman Regional healer Phyllis Brawner talks about growing up in Norman, OK and the differences she has seen from her childhood to now. Phyllis began her career at Norman Regional in 1980s in the Surgery Department and is now a healer at Journey Clinic.

<https://vimeo.com/678387048>

More videos featuring our healers are on the way, so please check MyLink daily!

Function Well @ The Well

Join functional medicine physician Castel Santana, MD for "Function Well" - a free wellness workshop every third Thursday of the month at The Well! This is a great opportunity to learn more about functional medicine.

March 17
Sleep and Recovery: Get more than just Z's. Sleep can help your body heal itself.

All Function Well events are from 6-7 p.m. at the Well, 210 James Garner Ave, Norman, OK 73069.

Hiring Events

In-Person Hiring Events | For Clinical and Non-Clinical positions

4-6 p.m.
Thursday, March 3 at Norman Regional Hospital Education Center

Construction is changing the shape, footprint and size of our HealthPlex hospital! Work has begun in the interior with the main lobby area completely closed for renovations.

While these changes are big, they are difficult to see with certain areas blocked off for safety. Based on feedback from one of healers, James Forehand, we are opening the 8th Floor Innovation Studio for special Construction Viewing Events.

During these events, healers can visit the 8th Floor of the HealthPlex to observe all the construction activities. It is a very cool view! Members of the Executive Team will also be on hand to answer your questions and give updates about the constructions' progress.

Beginning March 3, Construction Viewing Events will occur on the first and third Thursdays of the month as well as the second Saturday of the month.

Upcoming event times include:

- **Thursday, March 3**, 7:30 – 8:30 a.m. and 3 – 4 p.m.
- **Saturday, March 12**, 7:30 a.m. to 8:30 a.m.
- **Thursday, March 17**, 7:30 a.m. to 8:30 a.m. and 3 p.m. to 4 p.m.
- **Thursday, April 7**, 7:30 a.m. to 8:30 a.m. and 3 p.m. to 4 p.m.
- **Saturday, April 9**, 7:30 a.m. to 8:30 a.m.

Norman Transcript Readers Choice Awards

It is time for this year's Norman Transcript's Readers Choice Awards and we need your vote! Vote here:

www.normantranscript.secondstreetapp.com/Norman-Transcript-Readers-Choice-2022

Norman Regional is in the running for multiple categories, including: Best Fitness Center/Gym, Best Hospital/Health Care Facility, Best Physical Therapy, Best Physical Therapist, Best Cardiologist, Best Doctor/Physician, Best Physician Assistant and Best Nurse.

I know the healers of NRHS are the best in all categories, so spread the word. It is time to vote for the best!

Be Well,

A handwritten signature in black ink that reads "Richie Spitt". The signature is written in a cursive, flowing style.

*President & Chief Executive Officer
Norman Regional Health System*

Tuesday, April 5 at Norman
Regional Moore Conference
Center