



June 11, 2021

Gallup Q12+ Survey June 14

The next Gallup Q12+ Survey will be June 14-28! Look out for an email from Gallup with a link to take the survey on Monday, June 14. The Gallup survey only takes about three minutes to complete!

The Gallup survey results allows us to collaborate to improve workplace satisfaction.

Nominate a Nurse

The 2021 March of Dimes "Heroes in Action" nomination period is now open! The Heroes in Action awards recognize outstanding nurses who exemplify an extraordinary level of care and compassion in the delivery of patient care.

"The March of Dimes is honored to pay tribute to the nursing profession and recognize extraordinary nurses throughout our community. The remarkable efforts of these individuals often go unsung and through Heroes in Action, we are able to honor those who make a difference in the lives of so many," reads the nomination website.

All healers are encouraged to nominate registered nurses

Breaking Ground On Norman Regional Nine



More than 200 people celebrated the start of construction for Norman Regional Nine, the new freestanding emergency department plus facility in southeast Norman.

This new freestanding emergency department plus is the first project in Norman Regional's Inspire Health plan. This plan will modernize the way we deliver healthcare to all people in our community.

The new emergency facility will offer quick treatment to those living in Norman, Noble, Lexington, Little Axe and several other communities. System manager for Norman Regional's Emergency Departments, and paramedic, Kyle Hurley spoke about how this new facility will benefit people living nearby.

"I can tell you firsthand the importance of a quick diagnosis and treatment," Hurley said. "In an emergency seconds matter. Stroke, heart

throughout our health system who they identify as an outstanding nurse. This nominee should be perceived as a leader among their peers and strive toward positive change in the profession, workplace and community. The deadline for nominations is Friday, July 16. [Click here](#) to nominate a nursing healer today!

Dr. Lubna Mirza Wins Award

Congratulations to Lubna Mirza, MD, on being selected to receive the 2021 American Association of Clinical Endocrinologists Outstanding Service Award for serving an underserved population!

Dr. Mirza graduated from Chandka Medical College, Larkana Pakistan in 1999. She completed her residency training at the University of Pittsburgh Medical Center Mercy Hospital of Pittsburgh, in 2008, followed by a fellowship in endocrinology, diabetes and metabolism at the University of Oklahoma Health Sciences Center, in 2010.

Dr. Mirza has been working as an endocrinologist and diabetes specialist at Norman Regional since 2010. She is a volunteer faculty member for the Comanche Memorial Hospital Family Practice residency program in Lawton, Oklahoma, and a volunteer endocrinologist at Shifa Clinic in Oklahoma City.

She has contributed more than 200 articles in the Urdu language to the online magazine Humsub, promoting awareness in the general public about women's health, diabetes, and other endocrine disorders. She has volunteered at a free clinic in a remote village in Pakistan, and has taught endocrinology to international medical graduates in several different countries

attack, bleeding - all require speedy treatment to improve a patient's outcome."

Norman Regional Hospital Authority Board Chairman Doug Cubberley mentioned the health system's history of healing in his comments.

"Ours is a story of growth. Over the past 75 years, Norman Regional has grown from just 29 employees to more than 4,000. From three physicians to more than 370," Cubberley said. "Norman Regional and its board are completely dedicated to the health and wellness of the people of Norman and beyond."

Present at the ceremony were the projects partners including consulting firm Ankura, architecture leaders HGA and JHBR, real estate developer Bremner and construction partner JE Dunn.



Lynn Harper of Norman, was the first baby born at what was then known as Norman Municipal Hospital.

75 Year Anniversary Celebrated

Thank you to everyone who celebrated Norman Regional Health System's 75 year anniversary with us. We marked this milestone with a party for healers and the public. Among the attendees was Lynn Harper – the first baby born at Norman Regional in 1946! Lynn still lives in

including Egypt, India, Pakistan, South Korea, Canada, Russia, and Ecuador.

LGBTQ+ Pride Month

Every year, during the month of June, the LGBTQ+ community celebrates PRIDE Month in various ways. The month of June was chosen as a symbolic way of acknowledging the Stonewall Riots that took place back in 1969 (LGBT rights). PRIDE month is a month long celebration that include community events, poetry readings, public speaking, street festivals, and educational sessions. Norman Regional Health System is proud to celebrate PRIDE month alongside our LGBTQ+ Healers.

Norman. Our team sang her happy birthday and presented her with a birthday cake.

I want to thank and recognize our healers for their 75 year legacy. Your dedication, compassion and expertise have kept Norman Regional a leader in health and wellness care. One of our first physicians mentioned how in the 1940s people felt they got more tender treatment here in Norman. I'd say in 75 years that hasn't changed. Our healers still provide tender treatment – they stand in the gap between the hurt and the healing for our patients.

Thank you, healers.

Welcoming Two Physicians to Our Cardiology Team

Please join me in welcoming two new physicians to Norman Regional's heart and vascular team!

Sunil T. Mathew, MD, is a board certified cardiologist. He received his Doctor of Medicine degree from St. George's University School of Medicine. He completed his residency at State University of New York at Stony Brook and Veterans Affairs Medical Center at Northport, and served his last year as chief resident. Dr. Mathew then completed two fellowships at the University of Oklahoma Health Sciences Center and Veterans Affairs Medical Center– the first for cardiovascular and the second for Clinical Cardiac Electrophysiology.

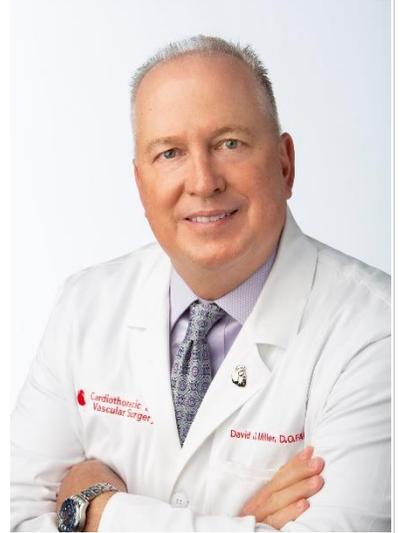


Dr. Mathew is licensed in Oklahoma, Washington and New York. He is a member of the American College of Physicians, Society of Cardiovascular Magnetic Resonance, American College of Cardiology, and the American Heart Association.

David Miller, DO, FACOS, is a board certified cardiothoracic surgeon with more than 20 years of experience. He received his Doctor of Osteopathic Medicine degree from Oklahoma State University College of Health Sciences in Tulsa, Oklahoma. He then went on to complete a general surgery residency at Tulsa Regional Medical Center in Tulsa, Oklahoma, then a cardiothoracic and vascular surgery residency at Hahnemann University in Philadelphia, Pennsylvania.

Dr. Miller is affiliated with the Society of Thoracic Surgeons, the American College of Osteopathic Surgeons, the American Osteopathic Association, the Oklahoma Osteopathic Association, and the Tulsa County Medical Association. As a native of Tulsa, Oklahoma, Dr. Miller is happy to serve the people of Oklahoma. Aside from medicine, Dr. Miller enjoys to cook, travel and play golf.

Both physicians join the practice of Norman Regional Heart and Vascular Associates. You can reach the clinic by calling 405-515-2222.



Be Well,

A handwritten signature in black ink that reads "Richie Spitt". The signature is written in a cursive, flowing style.

*President & Chief Executive Officer
Norman Regional Health System*