



With **Richie Splitt**
President & CEO

June 16, 2021

Gallup Q12+ Survey June 14

The next Gallup Q12+ Survey is live and ready for you to complete! Look out for an email from Gallup with a link to take the survey on. The Gallup survey only takes about three minutes to complete!

The Gallup survey results allows us to collaborate to improve workplace satisfaction.

HealthPlex Café Extending Hours

Healthplex Cafe will now open at 6 a.m. The HealthPlex Cafe' will now be open from 6 a.m. to 7 p.m.

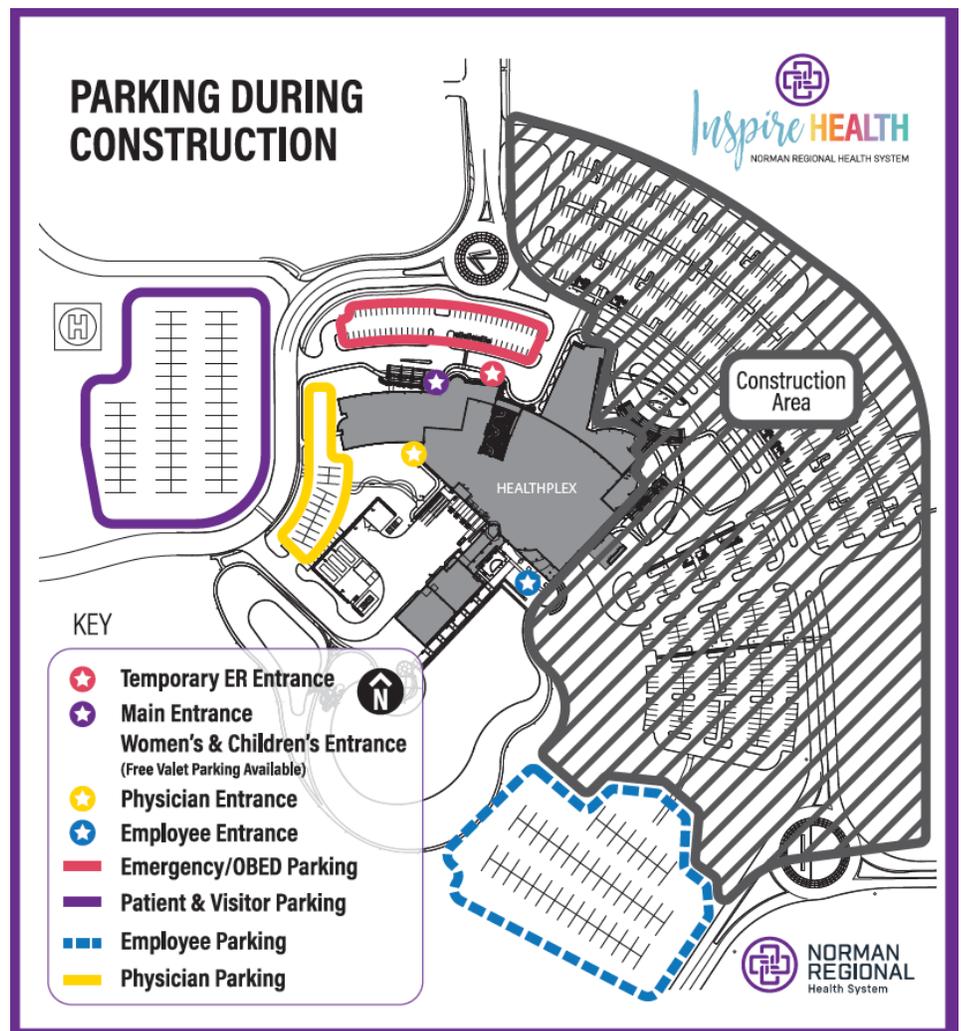
Breakfast will be served from 6 a.m. to 10 a.m.

Porter Café hours will remain 6:30 a.m. to 7 p.m.

Norman Way Signing Day

Norman Regional Health System will celebrate its annual Norman Way Signing Day the week of June 21, 2021. Your leader will give you a new Norman Way book featuring healers nominated by their peers to appear in this publication. Some books also contain a special

HealthPlex Healer Parking Lot To Open June 19



The Norman Regional HealthPlex will enter its “Make Ready Phase 2” of construction on Monday, June 21. This phase starts by opening new and temporary:

- Emergency Department entrance

prize-winning sticker! If you spot a sticker in your book, please take it to the HealthPlex or Porter Administration Offices between 8 a.m. to 5 p.m. Monday through Friday. Healers with stickers will have their choice of either a picnic blanket or a car sun shade. All healers will be entered into the grand prize drawing to win great “grand” prizes including an Apple watch, air fryer, Instapot and more.

Juneteenth Remembered



Juneteenth, sometimes called Freedom Day or Emancipation Day, is an annual holiday observed on June 19 commemorating the emancipation of enslaved people in the United States. The original observances of Juneteenth included prayer meetings and the singing of spirituals, and celebrants wore new clothes as a way of representing their newfound freedom. Juneteenth is an opportunity to reflect on our nation’s history and commemorate Black liberation from the institution of slavery, but also a time to highlight the resilience, solidarity, and culture of the African American community.

75th Anniversary Puzzles and Pens

If you missed the 75 Year Celebration, and would like a piece of NRHS history, there are still 75 year puzzles and 75 year pens available while supplies last!

- Healer Parking
- Physician Parking
- Patient and Visitor Parking

JE Dunn construction will also begin blocking off the current Main and Emergency Department entrances, as well as the main parking lot.

Please remember that starting at 7 a.m. June 19, healers will begin parking in the lot shown on the attached map in a blue dashed line and walk on the sidewalk along the pond to enter through the back doors into the Café. You can [click here](#) to watch aerial, drone video that shows the path to access this parking lot. *(Please use Google Chrome.)*

To ensure your safety, new security cameras and lights have been installed along the walking path and the door will require badge entry. Security will also be monitoring the parking lot, and has purchased a six-seater commuter cart for healers who are unable to walk to the door. Providers entering the hospital will begin parking in Physician Parking Lot shown on the attached map in a yellow line on June 21.

Due to construction, healers will only be able to get to the Healer Parking Lot through the Interstate 35 service road. There are no alternative routes to the healer parking area. Providers can access the Physician Parking Lot from 36th Avenue NW or HealthPlex Parkway and patients/visitors can also only enter the campus through 36th Avenue NW and HealthPlex Parkway.

Please remember that parking at the West Norman Professional Building is only for healers who work in that building.

Patients and Visitors will begin parking in the lot shown on the attached map in a purple line on June 21.

During construction, there will be noise, new processes and new parking. There will be “disruption.” But this disruption will lead to wonderful changes. The Inspire Health plan and the HealthPlex expansion ultimately allows us to grow and better care for our patients and our communities. Please also remember that although you may get used to these changes, our patients and/or visitors may need additional help when going to their appointments or while in an emergency situation during this time. Healers are the heart of our health system and your Norman Way attitudes during this time will help our patients feel comfortable during the transition.

I want to thank each of you for your patience and support in the Inspire Health plan. We couldn’t do any of this without you.

One of each per healer, first come, first served. Once they're gone, they're gone. No re-orders will be placed.

You may pick up at the following locations except for holidays:

Porter Executive Office
8 a.m. to 5 p.m., M-F

HealthPlex Admin Office
8 a.m. to 5 p.m., M-F

NR Moore Volunteer Desk
8 a.m. to 4 p.m., M-Th &
Noon to 4 p.m., Fridays

Nominate a Nurse

The 2021 March of Dimes "Heroes in Action" nomination period is now open! The Heroes in Action awards recognize outstanding nurses who exemplify an extraordinary level of care and compassion in the delivery of patient care.

"The March of Dimes is honored to pay tribute to the nursing profession and recognize extraordinary nurses throughout our community. The remarkable efforts of these individuals often go unsung and through Heroes in Action, we are able to honor those who make a difference in the lives of so many," reads the nomination website.

All healers are encouraged to nominate registered nurses throughout our health system who they identify as an outstanding nurse. This nominee should be perceived as a leader among their peers **and** strive toward positive change in the profession, workplace and community. The deadline for nominations is Friday, July 16. [Click here](#) to nominate a nursing healer today!

If you have any questions or concerns, please email InspireHealth@nrh-ok.com.

Wellness Team Introduces New Logo, Instagram Account

Norman Regional's Wellness Team now has a new logo thanks to the help of our healers who voted!

The mission of our Wellness Team is to enhance organizational health by fostering interest in wellness and encouraging all healers and their families to initiate or expand healthier lifestyles. The

Wellness Team offers diverse wellness programs which meet a wide range of personal health needs, provides recognition to healers for participating in healthier lifestyle activities, improve mental health well-being, and develops a positive health system culture that is focused on celebrating and improving quality of life for our healers.

The main goal of creating the Instagram account is to share simple, easy-to-maintain wellness tips with our healers in a fun, eye-catching way. The information will also be more accessible to healers when they are at home and outside our health system walls.

The Wellness Team is excited to connect with our healers with helpful wellness information. They will have #MotivationalMonday, #WellnessWednesday, and #SelfCareSunday posts, along with additional videos, announcements, and more. Follow the Wellness Team on Instagram: @NRHSWellatWork

To make things even more exciting, we are hosting a drawing for a prize for our new followers! After we reach 100 followers*, we will draw for a winner.

**The followers have to be Norman Regional healers to be eligible for the drawing. Healers must have their name on their Instagram account so the Wellness Team can contact them about a prize.*



Well at Work
NORMAN REGIONAL

Welcome Back Teen Volunteers

It has been two years since Teen Hero volunteers have served at Norman Regional Health System. Teen Hero volunteers are between 14-18 years of age and will be serving in 11 areas throughout the HealthPlex and Porter campuses including Information Desks, Daily Grind, Gift Shops and more! Please join us in welcoming the 26 Teen Hero volunteers to the 2021 Summer of Service!

Be Well,

A handwritten signature in black ink that reads "Richie Splitt". The signature is written in a cursive, flowing style.

*President & Chief Executive Officer
Norman Regional Health System*