



March 10, 2022

Prudential Hold Times

Prudential, Norman Regional's retirement account manager, informed us they are experiencing longer than usual call wait times. This is due to extremely higher than usual call volume, as a result of investors' questions and inquiries related to the current geo-political events.

Healers are encouraged to use Prudential's website or their callback function. This function allows people to leave their contact information and have their call returned when a customer service representative is available.

Here is a link to their help center:
<https://www.prudential.com/links/help-center>

Thank you for your understanding.

Healer Labor Pool

Thank you to Healers who have worked in the Labor Pool to support other departments. The Labor Pool was set up to quickly match healers with departments most in need of assistance. You are making a big difference during our time of

Road to HealthPlex Healer Parking to Close Temporarily



Medical Park Place, the road that leads to the HealthPlex healer parking lot, will close for construction starting Sunday, March 27.

Healers should use HealthPlex Drive to access the healer parking lot during this time. This road is further south on Interstate Drive, the feeder road that leads to the healer parking lot.

This closure will also affect Primrose School of Norman, Norman Pediatrics, Medical Park West and other local businesses.

Work on Medical Park Place should be complete by May 16, 2022.

A map and flyer will be made available soon, so please check MyLink for more details.

Thank you for your patience as we grow our facilities to serve our patients and community. Remember you can stay informed on all things Inspire Health, including live construction video streams, at InspireHealthOK.com.

Healer Aims to Break Record for Certifications

David Gandesbery, a security coordinator at Norman Regional Health System, is aiming to beat the International Book of Records for his

great need. To sign up, please [click here](#).

March is Women's History Month

Women's History Month is an annual declared month that highlights the contributions of women. It is a dedicated month to reflect on the often-overlooked impact women have made to this country. The 2022 Women's History theme, "Providing Healing, Promoting Hope," is both a tribute to the ceaseless work of caregivers and frontline workers during this ongoing pandemic and also a recognition of the thousands of ways that women of all cultures have provided both healing and hope throughout history.

HealthPlex Construction Viewing

Construction is changing the shape, footprint and size of our HealthPlex hospital! Work has begun in the interior with the main lobby area completely closed for renovations. While these changes are big, they are difficult to see with certain areas blocked off for safety. Based on feedback from one of our healers, James Forehand, we are opening the 8th Floor Innovation Studio for special Construction Viewing Events.

During these events, healers can visit the 8th Floor of the HealthPlex to observe all the construction activities.

Construction Viewing Events will occur on the first and third Thursdays of the month as well as the second Saturday of the month. Upcoming event times include:

achievement of receiving 245 federal and mental health certifications in 2021.

Gandesbery said he sought out FEMA (Federal Emergency Management Agency) training due to the job he has and wanting to do more for the community. He said he also sought out certifications through the Oklahoma Department of Mental Health due to the large mental health population in the community.

"I wanted to be able to help our mental health consumers, and to better understand them – better understand their needs and their wants, and to be able to serve them better," Gandesbery said.

Gandesbery has been working at Norman Regional for 14 years and has a total of 375 certifications under his belt.

Some of the certifications Gandesbery achieved in 2021 include Hospital Emergency Response Training for Mass Casualty Incidents, Response Considerations During an Outbreak or Pandemic, Critical Incident Stress Debriefing, Healthcare Facility Preparedness, Communicating Effectively in an Emergency, Management of a Highly Infectious Disease Patient in a Healthcare Facility, Medical Surge Management, Diversity, Equity and Inclusion, Behavioral Health for Fire and EMS, and many more. He also completed all of the Disney Institute's professional development courses.

Gandesbery said with COVID, with life, and with him previously losing a child, he needed something to occupy his mind.

"These certifications were a way to save myself," Gandesbery said. "They were basically therapy. I felt like I was learning something good to save others around me and try to do things better."

Gandesbery and his wife Cathy previously adopted four sons with special needs. He lost one of his sons, Joey, in 2018.

"He's my hero," Gandesbery said. "My son now is my inspiration for everything I do. I want to build my life to where his name means something.

"By having special needs boys who have been told most of their life that they probably won't be able to do certain things, I strive to show by



David Gandesbery stands in front of FEMA with some of his certifications while holding a photo of his son, Joey, who died in 2018.

- Thursday, March 17, 7:30 a.m. to 8:30 a.m. and 3 p.m. to 4 p.m.
- Thursday, April 7, 7:30 a.m. to 8:30 a.m. and 3 p.m. to 4 p.m.
- Saturday, April 9, 7:30 a.m. to 8:30 a.m.

Healthcare Appreciation Day OU Softball

The University of Oklahoma Softball team will be playing in the Hall of Fame Classic tournament in Oklahoma City from March 18 to March 20. The softball program wants to recognize healthcare workers and first responders and give them discounted all day session passes for March 19 when the OU softball team has two games! The tickets can be purchased directly through the link by [clicking here](#).

Function Well @ The Well

Join functional medicine physician Castel Santana, MD for "Function Well" - a free wellness workshop every third Thursday of the month at The Well! This is a great opportunity to learn more about functional medicine.

March 17
Sleep and Recovery: Get more than just Z's. Sleep can help your body heal itself.

All Function Well events are from 6-7 p.m. at the Well, 210 James Garner Ave, Norman, OK 73069.

Hiring Events

In-Person Hiring Events | For Clinical and Non-Clinical positions

4-6 p.m.

example that all things are possible. No matter what your situation is, you can chase your dreams."

Gandesbery is utilizing some of his training at home with his boys and within the community just as he is using his training to better the health system.

"I truly believe that especially in my type of job, if you treat people like they're human and show them compassion that little by little, you might not change everyone's life, but you can change at least one or two people's lives," Gandesbery said.

Gandesbery is going to present for a spot in the International Book of Records for his certifications soon. The previous record was 240 certifications in a fiscal year.

"You have to continue to grow. You can't settle. No matter your age or your ability, you are always able to accomplish a goal or dream with hard work and perseverance," Gandesbery said.

NRHS Courtside at OU Basketball



Norman Regional has a partnership with the University of Oklahoma Sooner Sports which includes both the Gomer Jones Medical Center inside the OU Memorial Stadium as well as promotion during games.

Here you can see our logo at the recent Bedlam game! Boomer Sooner!

Be Well,

Tuesday, April 5 at Norman
Regional Hospital Education
Center

Tuesday, May 3 at Norman
Regional Moore Conference
Center

Tuesday, June 7 at Norman
Regional Moore Conference
Center

Foundation Scholarships

The Norman Regional Health Foundation awards scholarships annually to students enrolled in a healthcare curriculum based on scholarship and financial need. These scholarships are intended to assist all levels of students in the attainment of a degree of certification in a health care related field, based on hospital need.

Applications for the 2022-2023 Academic year are being accepted through April 7, 2022.

[Click here for more information.](#)



*President & Chief Executive Officer
Norman Regional Health System*