



Oct. 28, 2021

The Norman Way Healer Nominations Open

Who inspires you to live The Norman Way? The Service Excellence Team invites you to think about your co-workers, physicians, advanced practice providers and volunteers who model The Norman Way and our ICARE values and nominate them to appear in the 2022 version of The Norman Way handbook. The deadline to submit your nomination is Tuesday, Nov. 16.

Please use this link to nominate that person today!

<https://www.surveymonkey.com/r/NormanWay2022>

COVID Vaccine Program Deadline Oct. 31

The deadline for the Norman Regional vaccine program survey is this Sunday, October 31. Healers who fail to meet this deadline will be notified by administration and are expected to complete the COVID vaccination survey without delay. Those who do not respond to the survey will face progressive disciplinary action up to suspension.

Senior Wellness Center Groundbreaking on Porter Campus



Plans for our historic Porter campus are beginning to take shape. At 5 p.m. on Monday, Nov. 1 the City of Norman will hold a ceremonial groundbreaking for its Senior Wellness Center.

This center will be located in the southeast corner of Norman Regional Hospital's campus. The Senior Wellness Center is part of the Norman Forward project, which is funded by a special sales tax that voters approved in 2015.

The center is projected to cost \$12.4 million. The Norman Forward sales tax initiative will fund \$8.5 million of the project; the other \$3.9 million will come from CARES Act funds.

Healthy Living & Fitness, Inc., a non-profit that currently operates the MAPS 3 Senior Health and Wellness Center in Oklahoma City, will also operate the Norman center.

The wellness center will be 30,000 square feet and will include the following amenities:

- Indoor walking track
- Multiple fitness areas with locker rooms

Open Enrollment Begins Nov. 1

The annual open enrollment for 2022 benefits will be from November 1 – November 19, 2021. Enrollment will be completed online through Time and Attendance / Staff Scheduling (TASS).

If you do not complete the online enrollment, you will remain covered by the same insurance benefits in 2022 that you currently have now, with the exception of the Flexible Spending Plans which require a new election to be made each year.

[Please click here](#) for an Enrollment Guide which includes benefit changes, 2022 insurance rates, contact information for questions, step-by-step instructions for completing the enrollment online, as well as a Benefit Guide with a summary of benefits offered to NRHS employees.

November Wellness Happenings

Each quarter, the Wellness Team hosts an event or activity to promote health and wellness. November's happening is Diabetes Health Month. More than seven million people with diabetes are undiagnosed. Are you at risk? You can utilize our free A1c and lipid profile lab tests at any NRHS lab location to find out. (One per healer per year.) This could be your first step toward living a longer, healthier life.

Celebrating Engineering Week

Engineering Services consists of 11 Maintenance Technicians, 11 Plant Mechanics, 4 Carpenter/Painters, and 6 office personnel for a total of 32

- Multipurpose and art specific classrooms
- Lounge areas
- Full kitchen for events and programming
- Outdoor pickle ball courts
- Lap pool

When construction will begin is still being finalized and is slated to begin sometime in 2022. Healers who park at the Porter campus in the south lots will be affected once construction begins and our team is diligently working on a parking and safety plan.

I encourage you to join me and the City of Norman at the groundbreaking for the Senior Wellness Center.

Beam Signing for Norman Regional Nine



In other construction news, crews are nearing completion of the highest point of Norman Regional Nine, the new freestanding emergency department plus in southeast Norman.

To celebrate reaching the highest point, Norman Regional will host a topping out ceremony at 4 p.m. Thursday, Nov. 11. At this time a beam will be placed at the highest point of Norman Regional Nine.

Before the topping out, our healers can sign this beam. Please join me at 9 a.m. Monday, Nov. 1 in the Education Center's South Lobby for a presentation and refreshments.

As healers you have already left your "mark" on Norman Regional Nine with your input into the design and careful planning. Now you can leave your signature as well!

The beam will on display all week (from Nov.1-Nov.7) for healers to sign in the Education Center lobby.

employees to service and maintain all facilities for the complete Health System. Engineering Services oversees more than 1.2 million square feet of hospital and clinic space and that doesn't even include all the roof tops, parking lots, and grounds that are maintained.

The average length of service for Engineering Services Employees is 12 years.

Please wish these dedicated employees a 'Happy Engineering Week'!

Post COVID Recovery Survey

We need your input! Would you be interested in a support group for people who've had and are recovering from COVID-19? Please take our short, three-question survey so we can best help our community.

<https://www.surveymonkey.com/r/PostCOVIDSupport>

First MAKO Robotic Hip Replacement Completed at Norman Regional



Norman Regional's highly successful total joint program now includes robotic surgery featuring the MAKO robot. Ortho Central orthopedic surgeon, Jeremiah Maupin, MD (pictured above) completed the first MAKO robotic hip replacement at Norman Regional on October 7. While a first for Norman Regional, Dr. Maupin has performed hundreds of these procedures as part of his fellowship training.

Prior to surgery, a CT scan is taken of the joint to generate a 3D virtual model. The 3D model helps the orthopedic surgeon create a personalized plan based on a patient's unique anatomy all before entering the operating room. During surgery, the orthopedic surgeon can validate the plan and make any necessary adjustments while guiding the robotic arm. A virtual boundary helps the surgeon stay within the area defined by the surgical plan.

As the population ages, more and more people are requiring joint replacements. We are proud to be able to offer this highly advanced robotic technology. This addition to our robust orthopedic service line further demonstrates our commitment to provide the community with outstanding healthcare.

Another surgeon completed a new da Vinci Xi robotic procedure recently as well. I'll feature Dr. Rahal Kahanda's important work in next week's newsletter.



Be Well,

Richie Splitt

*President & Chief Executive Officer
Norman Regional Health System*
