



With **Richie Splitt**
President & CEO

Sept. 9, 2021

September Yoga Challenge

Celebrate National Yoga Awareness Month! Now is the perfect time to educate yourself about the health benefits of yoga and even try it out for yourself. Start your journey to a healthier body and happier life with trying different yoga poses that we'll be posting during the month.

Download the challenge log by [clicking here.](#)

Foundation Grant Applications Due Sept. 30

Apply today for a department grant from the Norman Regional Health Foundation. Grant applications are due Thursday, Sept. 30. [Click here to access the grant request form.](#)

Gomer Jones Help Needed

The University of Oklahoma will take on Western Carolina this Saturday, Sept. 11. We need your help to staff the Gomer Jones Clinic for this game!

Norman Regional needs to staff 6 cooling zones with at least 2 people for 4-5 home OU games

Flu Vaccine Clinics Begin in September

Norman Regional will begin administering the flu vaccine to healers at our annual Flu Vaccine clinics in September and October. Please remember the flu vaccine is required for all healers unless they have a medical or religious declination. Declination forms can be found on MyLink.

The deadline to receive your vaccine or turn in your declination form is Oct. 31

All Clinic Times are
7am - 11am & 12pm - 3:30pm

▶ Porter [Cafeteria] ▶ HealthPlex [Women's Pavilion, First Floor] ▶ Moore [Lobby]

- September 21 (Tuesday)
- September 22 (Wednesday)
- September 27 (Monday)
- September 28 (Tuesday)
- September 24 (Friday)
- October 13 (Wednesday)
- October 1 (Friday)
- September 30 (Thursday)
- October 7 (Thursday)
- October 4 (Monday)
- October 11 (Monday)
- October 6 (Wednesday)
- October 14 (Thursday)
- October 8 (Friday)
- October 15 (Friday)
- October 19 (Tuesday)
- October 18 (Monday)

Norman Regional Moore and the Norman Regional Foundation are also hosting the annual Boo To the Flu free family flu vaccine clinic. Healers and their families are welcome to attend. Vaccines will be given from 9 a.m. to noon Saturday, Oct. 30 at the Norman Regional Moore Conference Center.

at the Gomer Jones medical clinic. The clinic will be serving fans, providing them shade, water and fans. The dates are September 11, 18 and 25, October 16 and potentially Oct. 30.

Staff must be in good standing with their departments and are required to work the full 8-hour shifts. Staff will be provided a NRHS shirt, lunch and the hours worked are paid as well.

Anybody interested should contact Stephanie Gehrke at sgehrke@nrh-ok.com

More Than Pink Walk NRHS Team Sign Up

Susan G. Komen MORE THAN PINK WALK (formerly known as RACE FOR THE CURE) is scheduled for Saturday, October 30. At 8:30 a.m. There will be a Virtual Opening Ceremony and Walk.

Norman Regional Health System is forming our team now. Please register by [clicking here](#). You can select "Join A Team" to find and join the Norman Regional Breast Care Center team. [Click here](#) to see this year's shirt.

Vaccine Information

If you are not yet vaccinated against COVID-19, please get the vaccine. If you receive the vaccine from an outside organization such as CVS or the Health Department, please provide a copy of this to Employee Health by emailing, faxing or dropping it off at their office. This helps us ensure an accurate number of healers vaccinated.

[This flyer](#) has information on where you can get the vaccine. Norman Regional's Primary Care

Welcome Orthopedic Surgeon, Dr. Jeremiah Maupin

Please join me in welcoming Jeremiah Maupin, MD, to Norman Regional and Ortho Central. Dr. Maupin is an orthopedic surgeon.

Dr. Maupin chose to pursue orthopedic surgery because of the opportunity to improve the lives of his patients. He said one of his favorite parts of being an orthopedic surgeon is when patients tell him that they are able to pursue what is most important in life and do the things they love most.

Dr. Maupin said his patients can expect a provider that will be honest and transparent and a teammate who will help them manage their health.

His special interests include robotic hip and knee replacement, anterior total hip replacement, posterior total hip replacement, outpatient joint replacements and total hip and knee revisions. Dr. Maupin is also specially trained in robot-assisted surgery utilizing the Mako robot for knee and hip replacements. Mako allows the surgeon to know more about the patient's anatomy, tailoring procedures to the specific needs of each patient.

Dr. Maupin graduated from the University of Oklahoma College of Medicine and completed his Orthopedic Surgery Residency at the University of Oklahoma Health Sciences Center. Dr. Maupin also received advanced fellowship training in hip and knee replacement at the CORE Institute in Phoenix, Arizona.

In his free time, Dr. Maupin enjoys hunting, fishing, grilling outdoors for family gatherings and spending time with his family.

To schedule an appointment with Dr. Maupin at either the Norman or Midwest City Ortho Central locations, call 405-360-6764.



Inpatient Rehab Ranked Top Three By US News

Did you know that Norman Regional is ranked by U.S. News as one of the top three hospitals for inpatient rehabilitation in Oklahoma?

According to the U.S. News, the rehabilitation rating is based on analysis of hospital performance, including care of patients recovering from

clinics offer the COVID vaccine to all established patients. If you don't have a healthcare provider, Norman Regional can match you with one in your area. We have clinics in Moore, south Oklahoma City, Norman, Newcastle, Blanchard, Noble and more. Call our referral line at 405-515-5000 to make an appointment today.

Helping Hands

Our acute care areas need your help. The health system is seeing an increase in patients. These patients are not only hospitalized for COVID, but also RSV, stroke, gastrointestinal bleeds, and other chronic health conditions.

Please consider signing up for the re-launched Helping Hands program. Norman Regional is offering all healers the opportunity to work extra shifts as PRN to assist with current needs. Both hourly and exempt employees are eligible to work these extra shifts and will be paid at the same rate of pay as they currently make in their home department.

To sign up please click the link that best applies to you:

CLINICAL:

<https://www.signupgenius.com/go/clinicalhh>

NON-CLINICAL:


<https://www.signupgenius.com/go/nonclinicalhh>

events such as stroke, traumatic brain injuries and severe burns. Each hospital is given a score and the 50 top-scoring hospitals are nationally ranked and the rest are rated but not ranked.

Please join me in congratulating our healers in Inpatient Rehabilitation on this honor and their dedication to quality patient care.

You can see the entire score card here: <https://health.usnews.com/best-hospitals/area/ok/norman-regional-hospital-6730074/rehabilitation>

Be Well,



*President & Chief Executive Officer
Norman Regional Health System*